

OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Mississinewa Community Schools

What makes a MEAL?

Students can choose 3-5 components
Components include:

- Protein
- Grain
- Vegetable
- Fruit
- Milk

Students can choose up to 2 servings of ANY fruits AND 2 servings of ANY vegetables daily as part of a meal.

Each day, we offer a variety of fresh fruits and Vegetables for students to choose from, in addition to the hot vegetable on the menu.

Alternate DAILY lunch entrees include:

Allergen Friendly Meals (ALL Schools)

Grab-n-Go (Northview ONLY)
Salad, Spicy Chicken Sandwiches, PB&J & Bosco Sticks (RJB/HS ONLY)
Pizza (HS ONLY)

Northview Grab-N-Go DAILY Menu

***PB&J Uncrustable, Carrots, Sour Berries & Milk**

***Chef Salad, Graham Crackers, Raisins, Milk**

***Muffin, Yogurt, Celery, Applesauce Cup, Milk**

2 French Toast Sticks, Fruit, Milk

Spaghetti w/ Meatballs Salad Shaker
Breakstick
Fruit

9 French Toast Sticks, Fruit, Milk

NEW
Grilled Cheese
Tomato Soup
Fruit

16

ENJOY

23 French Toast Sticks, Fruit, Milk

Mac & Cheese Bowl
Broccoli
Salad Shaker
Fruit

30 French Toast Sticks, Fruit, Milk

Spaghetti w/ Meatballs Salad Shaker
Breakstick
Fruit

3 Egg, Sausage & Cheese Uncrustable, Fruit, Juice, Milk

Quesadilla
Mexican Street Corn
Salsa
Fruit

10 Egg, Sausage & Cheese Uncrustable, Fruit, Juice, Milk

Walking Taco
Fiesta Beans
Fruit

17

FALL

24 Egg, Sausage & Cheese Uncrustable, Fruit, Juice, Milk

Nacho Burger
Refried Beans
Fruit

31 Egg, Sausage & Cheese Uncrustable, Fruit, Juice, Milk

Quesadilla
Mexican Street Corn
Salsa
Fruit

4 Cereal, Fruit, Milk

Chicken & Noodles
Mashed Potatoes
Green Beans
Roll
Fruit

11 **PLC/E-Learning Day!**

***End of 1st Grading Period**

18

BREAK!

25 Cereal, Fruit, Milk

Salisbury Meatballs
Mashed Potatoes
Green Beans
Roll
Fruit

31 Egg, Sausage & Cheese Uncrustable, Fruit, Juice, Milk

Quesadilla
Mexican Street Corn
Salsa
Fruit

5 Breakfast Pizza, Fruit, Juice, Milk

Sloppy Joe
Broccoli
Fruit

12 Breakfast Pizza, Fruit, Juice, Milk

Pulled Pork BBQ Sandwich
Waffle Fries
Fruit

19

Breakfast Times:

WV - 8:15 AM
NV - 8:00 AM
RJB & HS - 7:00 AM

26 Breakfast Pizza, Fruit, Juice, Milk

Chicken & Waffle
Sweet Potato Fries
Fruit

31 Egg, Sausage & Cheese Uncrustable, Fruit, Juice, Milk

Quesadilla
Mexican Street Corn
Salsa
Fruit

6 Donut Holes, Fruit, Milk

Tribe Box
Carrots
Fruit

13 Donut Holes, Fruit, Milk

Pizza
Carrots
Fruit

20 Breakfast & lunch are **FREE** for **ALL** students!

Adult Prices
Breakfast \$2.75
Lunch \$4.85

27 Donut Holes, Fruit, Milk

Boneless Wings
Baked Beans
Breadstick
Fruit